

EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS FIRST LEAGUE 2019

Lane and Starting Order Draw

Special Draw for races up to 400m:

For the First League, races up to 400m inclusively will have qualifying round on the first day. The heats and qualifying procedures will be arranged by the Technical Delegate in accordance with the IAAF Competition Rules.

4x100m and 4x400m relays will be staged in two heats of 6 teams each. The teams' distribution per heat will be according to the teams scoring standings 1 (one) hour before the scheduled time for each event. The best scored teams will compete in the same heat which shall be the last event of the session of track events.

Lanes 2-7 will be used:

- Lanes 4-5-6 will be allocated to top three athletes/relay teams.
- Lanes 2-3-7 will be allocated to the remaining athletes/relay teams.

On 800m all athletes will start in lanes (2 athletes in lane 2, 4, 6, 8 according to draw).

Starting Order¹ for all other events:

	RUS ²	BLR	POR	IRL	SVK	LTU	NOR	HUN	NED	ROU	BEL	TUR
800	1	2	2	3	4	4	5	6	6	7	8	8
TJ	1	2	3	4	5	6	7	8	9	10	11	12
1500	2	3	4	5	6	7	8	9	10	11	12	1
5000	3	4	5	6	7	8	9	10	11	12	1	2
3000	4	5	6	7	8	9	10	11	12	1	2	3
3000 sc	5	6	7	8	9	10	11	12	1	2	3	4
SP	6	7	8	9	10	11	12	1	2	3	4	5
DT	7	8	9	10	11	12	1	2	3	4	5	6
HT	8	9	10	11	12	1	2	3	4	5	6	7
JT	9	10	11	12	1	2	3	4	5	6	7	8
HJ	10	11	12	1	2	3	4	5	6	7	8	9
PV	11	12	1	2	3	4	5	6	7	8	9	10
LJ	12	1	2	3	4	5	6	7	8	9	10	11

¹ Starting order for throws and horizontal jumps is only applicable for the first three trials

² Subject to IAAF's decision to reinstate All Russia Athletic Federation